

VDA Consumer Information Request Form

Please Print – Thank You!

Name		
Address		
City	State	Zip Code
Phone (w/Area Code)	Fax	
E-mail Address		

Publications are **FREE**. Quantities may be limited due to the publication's size. Indicate how many you would like in the box to the left.

#	Topic
	Area Agencies on Aging (list of, with contact information)
	Abuse & Neglect (emotional, financial, physical, sexual, etc.)
	Advance Medical Directive (Living Will)
	Adult Day Care
	Alzheimer's Disease & Dementia
	Assistive Technology & Aging
	Caregiver Information
	Center for Elder Rights (services offered)
	Dementia Special Care Unit – choosing
	Driving – Mature Driver Safety, Dementia & Driving, etc.
	Driver Ed. & Evaluation – for Mature Drivers
	Elder Education/Elderhostels
	Energy Choice – VA Energy Choice Program
	Fraud (prevention & correction)
	Fruits & Vegetables- Eating More/Benefits of
	GrandDriver Program Information
	Grandparents Caring for Grandchildren
	Guardianship & Conservatorship in Virginia
	Health Insurance Guide (Medicare)
	Home Modification Tax Credit
	Housing Information

#	Topic
	Identity Theft (prevention & correction)
	Legal Services Information
	Long-Term Care
	Long-Term Care Insurance
	Long-Term Care Ombudsman Program
	Medicaid – Virginia Medicaid Handbook
	Medicare – Current Year Medicare Handbook
	Medicare – Coverage of Kidney Dialysis/Transplants
	Medicare-Approved Prescription Drug Discount Cards Program
	Medicare & Medicaid Insurance Claims (how to understand them)
	Medicare Supplemental Insurance (Medigap)
	Medicare & Medicaid Fraud, Waste & Abuse
	Medication Safety
	Monthly Personal Healthcare Journal
	Normal Pressure Hydrocephalus (mimics Alzheimer's symptoms)
	Nursing Homes – guide to choosing
	Personal Planning
	Prescription Drug – Assistance Programs in Virginia (non-Medicare)
	Retirement & Finances
	Retirement Information Package (for individuals living outside Virginia)
	Severe Weather (preparing for)
	Suicide – Prevention of
	Tax Relief
	Virginia Insurance Counseling & Assistance Program (VICAP)
	Virginia Department for the Aging
	Water (the importance of)



Send this form to:

Virginia Department for the Aging
1610 Forest Avenue, Suite 100
Richmond, VA 23229

Fax: (804) 662-9354

Nationwide Toll-Free: 1-800-552-3402 (Voice/TTY)
Richmond Area: (804) 662-9333

Or e-mail your request to: aging@vda.virginia.gov

Publications mentioned above can be downloaded to
your computer by visiting:

<http://www.vda.virginia.gov/publications.htm>